

### **SEMEN COLLECTION INSTRUCTIONS**

Your physician has requested a semen analysis at Midwest Reproductive Center; the following information will help assure the best possible results.

To ensure adequate time is allowed for analysis of your specimen, semen analysis is done on an appointment only basis. Please call (913) 780-4300 to schedule your appointment. If your physician is not Dr. Gehlbach, you will need to provide a written order from the referring physician. You may bring the order with you or your physician's office may fax an order to us at (913) 780-4250.

To achieve optimum test results, we ask that you please abstain from any sexual activity for 2-4 days (no less than 2, no more than 4), prior to collecting a sample. The examination is performed on a fresh specimen. For best results we ask that you collect by masturbation without the use of soap, creams, or other lubricants. Please note that latex condoms are not acceptable as collection devices as they adversely affect the specimen.

Samples may be collected at MRC; they may be collected at home if the following requirements can be met:

- ~Obtain a sterile container from our office.
- ~Keep the sample at room temperature.
- ~Bring your sample to the office within 60 minutes of collection.

You will need to complete a form and show a picture ID at the time of your specimen collection or drop off.

The cost of a semen analysis is \$105. Generally, this test is not covered by insurance. Payment is expected at the time of service. Please check with your insurance carrier for individual coverage. Test results will be available from your physician and will include the following parameters.

- A. Determination of sperm count, the concentration of sperm.
- B. Motility, the percentage of moving sperm.
- C. Morphology, the percentage of normal shaped sperm.
- D. An assessment of the quality of sperm movement.

**Please contact our office if you have any questions or concerns.**